



## Blueberry Muffins

### Ingredientes:

- 1  $\frac{1}{2}$  cups of **Juana®** corn meal
- $\frac{1}{2}$  cup of **Selecta®** all-purpose flour
- 1 teaspoon of salt
- 2 teaspoons of baking powder
- 1 cup of sugar
- 3 eggs
- 1 stick of unsalted butter, melted
- 1  $\frac{1}{2}$  cups of milk
- 1 cup of fresh blueberries

### Preparación:

1. Preheat the oven to 390°F.
2. In a bowl, combine the **Juana®** corn flour with the **Selecta®** wheat flour, salt, baking powder, and sugar. Set aside.
3. In another bowl, add eggs, butter and milk. Beat using a hand mixer or whisk until well blended.
4. Add the flour mix and continue mixing until all ingredients are incorporated. Add the blueberries and mix gently.
5. Grease the muffin pan or place paper liners in each cavity. Pour the batter into each space, filling about  $\frac{3}{4}$  full.
6. Bake for 15 minutes or until a toothpick inserted in the center comes out clean.

Rinde: 12 porciones